



NETBALL AUSTRALIA

Infectious Illness Safe Practice Guidelines

8 December 2025

(subject to advice of Netball Australia Chief Medical
Officer)

NETBALL AUSTRALIA INFECTIOUS ILLNESS SAFE PRACTICE GUIDELINES

In the spirit of Reconciliation, Netball Australia acknowledges Aboriginal and Torres Strait Islander peoples as the Traditional Custodians of this ancient unceded land where we live, work and play netball on.

We honour the continuing cultures, languages, and heritage of Aboriginal and Torres Strait Islander peoples whose cultural, spiritual, and ancestral connections to the lands, sky, and waters has endured since time immemorial.

We pay our respects to Elders past and present, and we acknowledge and value the significant and continuing contributions Aboriginal and Torres Strait Islander peoples make within our community.

Netball Australia is committed to Reconciliation. We acknowledge the need to reflect on our shared history in order to build a vision for a reconciled and prosperous future for all within our sport. One built on mutual respect, equity, authentic collaboration, and genuine truth-telling.

Where relevant, in this Policy – reference to Netball Australia includes Suncorp Super Netball.

Netball Australia acknowledges the guidance of Sport Integrity Australia and template policy documents used in the preparation of this Policy.

This Sports Medicine Policy for Elite Programs includes, where appropriate, the standards and requirements outlined in the National Integrity Framework Improper Use of Drugs and Medicine Policy as it relates to Participants, NA and Netball Organisations.

Table of Contents

VACCINATIONS	3
ATTENDING MATCHES, SERIES OR TOURNAMENTS.....	3
GOOD HYGIENE PRACTICE.....	3
CONTACT	4

Netball Australia (NA) wishes to minimise the exposure of all staff and athletes to illness to reduce the impact on performance and health.

There will therefore be a focus on the use of sensible hygiene measures to reduce the risk of transmission of all illnesses.

Note that these measures may change to reflect the rules and guidelines set out in the Health Orders issued by Australian States and Territories and specific rules made by venues and other organisations that host Netball Australia activities.

VACCINATIONS

NA strongly recommends individuals have the annual flu vaccination.

It is recommended individuals remain up to date with other vaccinations as per Healthcare Practitioner and Government Guidelines

ATTENDING MATCHES, SERIES OR TOURNAMENTS

Symptomatic individuals must be assessed by the responsible Doctor (eg Team or Event Doctor) and a determination made as to whether they are well enough to attend training or matches. This decision should be centred on the health and welfare of the individual as well as the risk of exposure to illness of other individuals in the environment.

Teams (on advice of the relevant doctor) should monitor and assess the risks within their own environment to ensure their ongoing participation is not impacted by illness

GOOD HYGIENE PRACTICE

Follow these sensible hygiene measures to reduce the risk of transmission of all illnesses

Follow government guidelines on mask wearing. NA recommends N95 mask wearing for symptomatic individuals with a respiratory illness. Mask wearing should be considered in crowded indoor spaces such as plane travel and where you are unable to socially distance.

Sanitise or wash your hands regularly especially prior to eating, after the bathroom and any public interaction.

Cover your mouth to cough or sneeze (using your elbow).

Avoid close contact with people who are symptomatic.

Do not share towels/water bottles/food.

Maintain social distancing where able.

CONTACT

Dr Laura Lallenec

laura.lallenec@netball.com.au

Netball Australia CMO

191 Johnston St, Fitzroy VIC 3065

END

VERSION HISTORY

Reference Number:	MED004
Policy:	Infectious Illness Safe Practice Guidelines Version 2
Effective Date:	8 December 2025
Document Author:	NA General Manager - Legal and Integrity
Document Owner:	NA CMO
Approval Level:	NA Board
Date Last Reviewed:	November 2024
Scheduled Review Date:	Annually
Supersedes:	Infectious Illness Safe Practice Guidelines