



NETBALL AUSTRALIA
Infectious Illness Safe Practice Guidelines
from 1 February 2025
(subject to advice of Netball Australia Chief Medical Officer)

Netball Australia (NA) wishes to minimise the exposure of all staff and athletes to illness to reduce the impact on performance and health.

There will therefore be a focus on the use of sensible hygiene measures to reduce the risk of transmission of all illnesses.

Note that these measures may change to reflect the rules and guidelines set out in the Health Orders issued by Australian States and Territories and specific rules made by venues and other organisations that host Netball Australia activities.

<p>VACCINATIONS</p>	<p>NA strongly recommends individuals have the annual flu vaccination.</p> <p>It is recommended individuals remain up to date with other vaccinations as per Healthcare Practitioner and Government Guidelines</p>
<p>ATTENDING MATCHES, SERIES OR TOURNAMENTS</p>	<p>Symptomatic individuals must be assessed by the responsible Doctor (eg Team or Event Doctor) and a determination made as to whether they are well enough to attend training or matches. This decision should be centred on the health and welfare of the individual as well as the risk of exposure to illness of other individuals in the environment.</p> <p>Teams (on advice of the relevant doctor) should monitor and assess the risks within their own environment to ensure their ongoing participation is not impacted by illness.</p>
<p>GOOD HYGIENE PRACTICE</p> <p><i>Follow these sensible hygiene measures to reduce the risk of transmission of all illnesses</i></p>	<p>Follow government guidelines on mask wearing. NA recommends N95 mask wearing for symptomatic individuals with a respiratory illness. Mask wearing should be considered in crowded indoor spaces such as plane travel and where you are unable to socially distance.</p> <p>Sanitise or wash your hands regularly especially prior to eating, after the bathroom and any public interaction.</p> <p>Cover your mouth to cough or sneeze (using your elbow).</p> <p>Avoid close contact with people who are symptomatic.</p> <p>Do not share towels/water bottles/food.</p> <p>Maintain social distancing where able.</p>

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VERSION HISTORY

Reference Number:	MED004
Policy:	Infectious Illness Safe Practice Guidelines Version 2
Effective Date:	1 February 2025
Document Author:	NA General Manager - Legal and Integrity
Document Owner:	NA CMO
Approval Level:	NA Board
Date Last Reviewed:	November 2024
Scheduled Review Date:	Annually
Supersedes:	Infectious Illness Safe Practice Guidelines