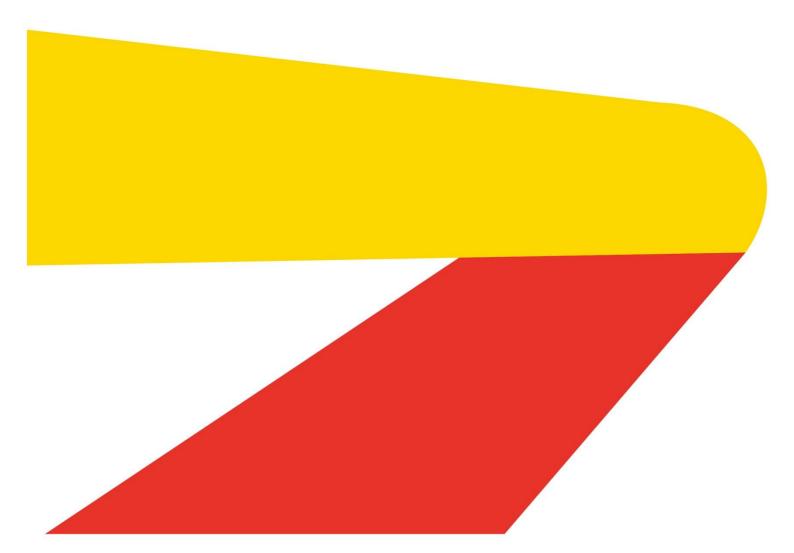


NETBALL AUSTRALIA Infectious Illness Safe Practice Guidelines

from 1 February 2025 (subject to advice of Netball Australia Chief Medical Officer)



Netball Australia (NA) wishes to minimise the exposure of all staff and athletes to illness to reduce the impact on performance and health.

There will therefore be a focus on the use of sensible hygiene measures to reduce the risk of transmission of all illnesses.

Note that these measures may change to reflect the rules and guidelines set out in the Health Orders issued by Australian States and Territories and specific rules made by venues and other organisations that host Netball Australia activities.

VACCINATIONS	NA strongly recommends individuals have the annual flu vaccination. It is recommended individuals remain up to date with other vaccinations as per Healthcare Practitioner and <u>Government Guidelines</u>
ATTENDING MATCHES, SERIES OR TOURNAMENTS	Symptomatic individuals must be assessed by the responsible Doctor (eg Team or Event Doctor) and a determination made as to whether they are well enough to attend training or matches. This decision should be centred on the health and welfare of the individual as well as the risk of exposure to illness of other individuals in the environment.
	Teams (on advice of the relevant doctor) should monitor and assess the risks within their own environment to ensure their ongoing participation is not impacted by illness.
GOOD HYGIENE PRACTICE Follow these sensible hygiene measures to reduce the risk of transmission of all illnesses	Follow government guidelines on mask wearing. NA recommends N95 mask wearing for symptomatic individuals with a respiratory illness. Mask wearing should be considered in crowded indoor spaces such as plane travel and where you are unable to socially distance.
	Sanitise or wash your hands regularly especially prior to eating, after the bathroom and any public interaction.
	Cover your mouth to cough or sneeze (using your elbow).
	Avoid close contact with people who are symptomatic.
	Do not share towels/water bottles/food.
	Maintain social distancing where able.

CONTACT

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In the spirit of Reconciliation, Netball Australia acknowledges Aboriginal and Torres Strait Islander peoples as the Traditional Custodians of this ancient unceded land where we live, work, and play netball on. We recognise their continuing connections to the lands, sky and waterways which has endured since time immemorial, and we pay our respects to all Aboriginal and Torres Strait Islander Elders past and present.

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VERSION HISTORY

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Policy:	Infectious Illness Safe Practice Guidelines Version 2
Effective Date:	1 February 2025
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Document Owner:	NA CMO
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Supersedes:	Infectious Illness Safe Practice Guidelines

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