

NATIONAL COACHING DEVELOPMENT FRAMEWORK 2025 EDITION





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1. GENERAL INFORMATION

1.1. Licensing/Franchise Arrangements

State/Territory Member Organisations of Netball Australia are endorsed to deliver the Foundation, Development, Intermediate, Advanced and Elite Coach Accreditation on behalf of Netball Australia. Each State and Territory affiliate will be required to sign an agreement outlining the terms and conditions of course delivery. No fees apply to this arrangement. Netball Australia is responsible for the delivery of the High-Performance Coach Accreditation. Some aspects of this course may be conducted in conjunction with the Member Organisations.

1.2. Course Details

| Course Name | Duration | Target Audience |
|----------------------------------|---|---|
| Foundation Coach Course | Online Foundation Course | Club coaches |
| Development Coach Course | Online Development Course and a 4.5-hour face to face course. | Club, Association & Regional Coaches |
| Intermediate Coach Course | 7 hours face to face course | Representative, Talent Identification and State League level. |
| Advanced Coach Course | 29 hours face to face course and assignment work | Representative, Talent Identification and State League level. |
| Elite Coach Course | As required | SSN assistant, SSN reserve coach, underage state, state league (top level) and potential high performance coaches |
| High Performance Coach Course | As required | Top level State League, State/Territory, or SSN coaches |

1.3. Payment of Course Fees

Course fees should be kept to a minimum to allow maximum access to accreditation. Fees may vary depending on local costs for course venues and presenters. However, course fees will include the costs of compulsory texts, Netball Australia accreditation fee and other course costs such as facility hire, administration and equipment.

1.4. Refund policy for of online courses

- If you notify Netball Australia in writing (via <u>learning@netball.com.au</u>) that you no longer wish to complete the course before starting it, you will receive a full refund, minus an administration/processing fee. Receiving a refund will therefore remove your enrolment into the course.
- If notification is provided in writing to Netball Australia (via <u>learning@netball.com.au</u>) after you have paid and subsequently completed the online course, no refund will be provided, as completion of the course is considered final.
- If you choose to commence the course, no refund will be issued.



1.5. Coach Developer/Assessor Qualifications

Netball Australia's Coach Developers' will deliver the face-to-face component of its coaching courses as these progressively move to a blended learning environment (online and face to face learning) after the foundation level. Blended learning requires a coach centred and driven approach and as such the Coach Developer becomes a facilitator of the learning process.

| Course Name | Minimum Coach Developer Qualifications | |
|--|--|--|
| Foundation, Development & Intermediate | Intermediate Coach Accreditation | |
| Advanced | Advanced Coach Accreditation | |
| Elite | Coach Developer – High Performance Coach Accreditation or approved Elite Coach Accreditation with specialist playing expertise Assessor - High Performance Coach Accreditation | |
| High Performance | High Performance Coach Accreditation | |

1.5.1. Coach Developers Shall:

- Complete any updated Netball Australia and/or Member Organisation Coach Developer training pertaining to the course level they are delivering e.g. Netball Australia Development Coach Face to Face Coach Developer Workshop and/or MO conducted training.
- Have access to a range of resources (technical and educational) as may be deemed necessary. As we move to a blended learning program, these resources will be made will be made available electronically through the Netball Learning system.
- Any assistant or trainee Coach Developer must be supervised by an appropriately qualified Developer/ Trainer.

1.5.2. Netball Australia Shall Have the Right To:

- Approve Coach Developers not covered by the above criteria after evaluation of such person's relevant experience and knowledge of the sport and having regard to the prevailing circumstances.
- Conduct random checks to assess the quality of delivery of the course being conducted.
- All course Coach Developers/Assessors will be selected at the discretion of the respective Member Organisation and approved by Netball Australia, to ensure quality control of Coach Developers and Assessors. Course coordinator reports and participant evaluations will be reviewed to ensure quality control of Coach Developers.

1.6. Coach Developer/Assessor Training

Member Organisations are responsible for the continued education of their Coach Developers and Assessors using the specific Coach Developer training relevant to each level.

MO's should actively provide opportunities for Coach Developers to attend and co- facilitate at each accreditation tier so that they are building a strong network of Coach Developers across the board. Participants of these courses/programs will then be placed on the Netball Learning database for verification purposes.

Coach Developers and Assessors are encouraged to attend a generic Presenter/Coach Developer & Assessor Training Course available through their Member Organisation.



1.7. Entry Pre-requisites

| Course Name | Pre-requisites | |
|--|--|--|
| Foundation | Completion of Online Foundation Coach Course | |
| | Current Rules of Netball Theory Exam pass (70% or above) | |
| Development | Foundation Coach Accreditation | |
| | Current Rules of Netball Theory Exam pass (70% or above) | |
| Intermediate | Development Coach Accreditation | |
| | Must hold a Development Coach Accreditation for minimum one (1) year.* | |
| Current Rules of Netball Theory Exam pass (70% or above) | | |
| Advanced Intermediate Coach Accreditation | | |
| | Coaches must have had at least one (1) year/season coaching experience after completion of an Intermediate Coach Accreditation and 2 years coaching at a minimum level of representative 15/U. | |
| | Two session plans assessed as competent by a mentor, using the seven-step progression | |
| | Current Rules of Netball Theory Exam pass (70% or above) | |
| Elite | Advanced Coach Accreditation | |
| | 1 year coaching at a minimum level of Regional or State League level (for candidates wishing to complete Accreditation. Participants may attend the Elite Coaching Strategies course without this pre-requisite) | |
| | Current Rules of Netball Theory Exam pass (70% or above) | |
| High Performance | Advanced Coach Accreditation (as approved by NA) | |
| - | Elite Coaching Strategies module. | |
| | Have coached (as a Head Coach) for a minimum of three out of the last five years at one of the following levels: | |
| | Suncorp Super Netball (SSN) | |
| | State/territory team - 17/U, 19/U State institute or academy program | |
| | State League - top division in the State | |
| | NB Coaches who are successful in being accepted into the HPCA must be coaching during the duration of the course at one of the following levels: | |
| | Australian Netball Championships (ANC) | |
| | State League - top division in the state | |
| | SIS/SAS program | |
| | Current Rules of Netball Theory Exam pass (70% or above) | |

*MO's can apply in writing to the NA Workforce Development Manager for fast tracking of candidates. The MO needs to provide reasons why and evidence to support the application.

1.7.1. Insurance

The Netball Australia Risk Protection Program provides Public Liability (\$20,000,000) and Professional Indemnity (\$20,000,000) insurance. Any Member Organisation that is not part of the National Risk Protection Program will be required to provide the same level of Public Liability and Professional Indemnity insurance.

Course participants (face to face delivery) are required to be a financial member of their relevant State/Territory Member Organisation.

Once a coach obtains accreditation, they must be a financial member of their relevant State/Territory Member Organisation when undertaking practical coaching activities to ensure relevant insurance coverage.



2. POLICIES & PROCEDURES

2.1. Coach's Code of Behaviour

- Netball Australia is committed to treating all people with respect, dignity and fairness. These values, along with the basic right of all netball members to participate in an environment that is enjoyable, safe and healthy, has resulted in the development and implementation of the Netball Australia Member Protection Policy.
- The Member Protection Policy applies to Member Organisations, Affiliates and Members (including athletes, coaches, umpires, employees, volunteers and support personnel). Any breach of the policy including the Code of Behaviour may result in disciplinary action, including de-registration from the National Coach Accreditation Scheme.
- The Member Protection Policy and related support documents can be accessed via the Netball Australia website <u>Integrity Policies - Netball Australia</u>

2.2. Dispute Resolution

- All complaints must be submitted in writing to Netball Australia. Appeals regarding the outcome of an application or assessment must be received within 14 days of receiving notification of the application or assessment.
- Complaints will be considered by a Dispute Resolution Panel consisting of thre e members, appointed by Netball Australia as required. The dispute will be considered and notification provided within 30 days of receipt of the complaint.
- If the dispute is related to the outcome of an assessment task, the participant may be permitted to be re- assessed according to the units that they were deemed incompetent.
- An independent assessor must undertake this reassessment, at a time suitable to both parties. This process must be completed within 6 months of the appeal being lodged by the participant.
- No further appeals will be considered.

| Course | Age Requirements |
|------------------|---|
| Foundation | No age requirement. |
| Development | Participants must be at least 15 years of age on completion to be eligible for accreditation. |
| Intermediate | Participants must be at least 16 years of age on completion to be eligible for accreditation. |
| Advanced | Participants must be at least 16 years of age on completion to be eligible for accreditation. |
| Elite | Participants must be at least 16 years of age on completion to be eligible for accreditation. |
| High Performance | Participants must be at least 17 years of age on completion to be eligible for accreditation. |

2.3. Enrolment Pre-requisites – Age of Entry into the Course

2.4. Number of Participants

| Course | Coach Developer: Participant ratio (maximum)** |
|------------------|--|
| Foundation | Not applicable as course is fully online |
| Development | 1:12 |
| Intermediate | 1:10 |
| Advanced | 1:10 |
| Elite | 1:15 |
| High Performance | 1:6 |

**Permission to conduct courses with a larger ratio needs to be sought from Netball Australia & additional Coach Developers supplied, at the cost of the relevant Member Organisation.



2.5. Assessment Requirements

- Participants must be assessed as competent to be eligible for accreditation.
- While the course is offered at a time that considers the needs of the participants, some coaches may need to attend two or more courses to complete each of the course units in this case coaches will only pay the fee for one course.
- If the coach undertakes part of the course in one Member Organisation and is required to complete the remaining units in a different Member Organisation, they will only be required to pay one course fee.
- A letter from the initial Member Organisation must be forwarded to the secondary Member Organisation for confirmation.
- Assessors must be independent and have not acted as a mentor for the candidate unless approved by the NA Workforce Development Manager.
- The assessors must be present at the assessment, the assessment cannot take place via video link or recording.

2.6. Recognition of Prior Learning (RPL)

RPL is based on the awareness that people learn and develop competencies in many different ways throughout their lifetime – through work experience and life experience as well as through education and training. RPL takes into account a person's skills and experiences, no matter where these were learnt, to enable people to gain credit in a training program of study.

- A person can apply for RPL if they think their prior learning and experience mean they can provide evidence to show that they are already competent in the learning outcomes of the relevant training program.
- Member Organisations in are responsible for assessing applications for RPL for Foundation accreditation. NA can also apply RPL for the Foundation Accreditation if requests are received direct.
- Netball Australia is responsible for assessing RPL for Development to High-Performance Accreditation.
- Member Organisation can apply in writing to the NA to apply for RPL providing evidence of relevant education, qualifications, and experiences.
- MOs will be notified if NA award RPL to one of its members, if applicable.

2.7. Fast Tracking Candidates

Netball Australia provides current Suncorp Super Netball (SSN) athletes (excluding training partners) with the opportunity to 'fast track' components of the National Coach Accreditation by recognising their knowledge and skills in the practical aspects of netball.

The following recognition of prior learning (RPL) applies for all current SSN athletes (excluding training partners):

- Foundation Coach Accreditation Netball Australia will provide RPL for the Foundation Coach Accreditation Course, with a current pass of the Rules of Netball exam.
- Development Coach Accreditation Athletes are required to undertake the blended learning Development Coach Accreditation. This includes the online Development Course, online Rules of Netball Theory exam and a face-to-face Development Workshop. Note the face-to-face workshop can be tailored to suit the needs of the specific SSN athlete cohort.
- Intermediate Coach Accreditation Athletes are required to complete all modules of the Intermediate Coach Accreditation Course.
- Advanced & Elite Coach Accreditation Netball Australia will provide RPL for modules directly relating to an elite athlete's specific area of play if they have played at the highest level (i.e. defence, centre court or goal shooting).
- High Performance Accreditation Athletes are required to complete all modules of the High Performance Coach Accreditation Course.
- Any exemptions to the above RPL requirements will be considered on merit by Netball Australia.
- Athletes/coaches should contact the relevant staff within their Member Organisation to undertake the RPL process.

2.8. Access and Equity

To promote access and equity, all Netball Australia Coach Accreditation will:

- Have no entry restrictions other than an age limit and previous coaching prerequisites.
- Be flexible in assessment tasks to allow those with special needs to undertake alternative forms of assessment.

2.9. Records

NA and all Member Organisations are required to keep updated records of all accredited coaches on Netball Learning including;

- Name
- Address
- Mobile number
- Email address
- Level of accreditation and expiry date.



2.10.Completion

Participants must complete all assessment tasks related to the course within the time limits outlined below, otherwise no accreditation will be granted.

| Course | Completion Time |
|------------------|--|
| Foundation | 12 months from commencement date |
| Development | 12 months from commencement date |
| Intermediate | 12 months from commencement date |
| Advanced | 2 years from commencement date |
| Elite | 2 years from commencement date (assignment work) |
| High Performance | 2 years from commencement date |

If participants do not complete the tasks within the required time frame and wish to attain accreditation, the entire course will have to be completed again. This will result in additional course fees to be paid by the participant. Any exemptions to the above requirements will be considered on merit by the respective Member Organisation in conjunction with Netball Australia. Participants should apply in writing to the Netball Australia for any extensions to completion time of the course or assignments providing reasons why the extension is required.

2.11. Reaccreditation

See appendix 1 for full breakdown of reaccreditation requirements

| Course | Reaccreditation Requirements |
|------------------|--|
| Foundation | Achieve 20 points of updating activity over a four-year period. |
| Development | Achieve 40 points of updating activity over a four-year period. |
| Intermediate | Achieve 60 points of updating activity over a four-year period. |
| Advanced | Achieve 80 points of updating activity over a four-year period. |
| Elite | Achieve 100 points of updating activity over a four-year period. |
| High Performance | Achieve 120 points of updating activity over a four-year period. |

2.12. Reaccreditation Activities

- A minimum of 50% of the required updating hours for each level should be completed through practical coaching.
- Practical coaching can be undertaken with any level of athlete or team or official and may occur on a regular basis (weekly, fortnightly) or in specific situations such as camps, clinics.
- Special consideration may be granted by Netball Australia for coaches who are not coaching a team, but who are involved heavily within coach education/mentoring, in order for them to fulfil updating requirements. In these cases, a detailed letter outlining their current involvement within coach education should be submitted to Netball Australia.

2.13. Re-accreditation

- For a detailed explanation of updating see the Netball Australia Reaccreditation Criteria – Appendix 1
- Applications for updating will be considered up to 48 months following the expiry date of the accreditation.

Applications for consideration should be submitted to the relevant MO with a detailed explanation of why the accreditation was allowed to expire and what learning or coaching has been undertaken in that period.

2.14. Mentoring

- It is recommended that prospective coaches seek the assistance of a mentor coach in improving their coaching skills prior to/post the relevant accreditation course.
- Mentors can receive credit towards their updating requirements for Advanced Coach Accreditations and higher.

2.15. Monitoring Training Program Quality

The following procedures will be put in place to ensure quality control of courses:

- Ongoing Coach Developer and Assessor training will take place through the MO.
- Random visits managed by the Member Organisation and/or Netball Australia to State/ Territory based courses to evaluate delivery of courses and Coach Developers.



3. COMPETENCY STATEMENTS AND ASSESSMENT -FOUNDATION

3.1. Foundation Coach Accreditation Competency Statements

- Identify the roles and responsibilities of the coach
- Understand the coaching implications of the Netball Australia Codes of Behaviour
- Understand the social development considerations for why children play sport
- Identify and implement good coaching practices to reduce risk
- Implement minor incident-management procedures
- Keep accurate records regarding medical history and injury reporting
- Cater for the physical and social development of participants
- Understand the benefits of using a game sense approach to teach game concepts and develop long term learning
- Understand the importance of effective group management skills to maximise opportunities for successful participation
- Identify the elements of a training session
- Understand the planning and review process
- Utilise effective communication techniques to develop player understanding of the basic skills of netball
- Understand how to safely teach the basic skills of netball
- Identify skill faults and correct technique for the basic skills of netball
- Understand the coaching implications of the basic rules of netball.

3.2. Online Foundation Coach Accreditation Course

Participants must successfully complete all modules of the Online Course.

3.3. Rules of Netball Exam

Participants must successfully complete the Rules of Netball exam with a pass mark of 70% of higher to achieve their Foundation Coach Accreditation.



4. COMPETENCY STATEMENTS AND ASSESSMENT -DEVELOPMENT

4.1. Development Coach Accreditation Competency Statements

By the end of this course, the Development Coach will be able to:

- Demonstrate effective coaching communication strategies
- Demonstrate effective group management strategies
- Review the first five steps of the seven steps of skill progression
- Apply the steps of skill progression within a practical environment/activity
- Understand, safely teach, and apply the principles of the Netball Australia KNEE Program
- Safely teach, identify, and correct technique faults in netball for;
 - ball handling skills
 - movement and footwork skills
 - attacking skills
 - defending skills
 - goal shooting / circle defence skills
- Create and progress appropriate skills sessions into dynamic situations
- Create and evaluate simple Game Day team goals and strategies
- Apply the techniques of basic netball skills into relevant court situations
- Apply the principles of positional and team play into basic court strategy
- Employ four of the self-reflection methods to evaluate and improve the quality of coach
- management, teaching and communication (Player feedback, peer feedback, self-awareness, video analysis, and mentor Coach Developer)
- Review coach education pathways and update opportunities.

4.2. Session Plan

The development of two session plans, with a five-step progression of an attacking and a defending skill, after the online course component is aimed at reviewing the participant's ability to plan for a coaching session. The session plans are used as a learning tool. Participants are permitted to access all course materials and may consult with others during the session plan.

4.3. Practical Coaching Task

- The practical coaching tasks are aimed at reviewing the participant's practical coaching ability. The coaching task requires a practical demonstration of 2-3 exercises from the Netball Australia Junior KNEE Program and a netball specific coaching of an attacking and defending skill to a group of players. Participants have the opportunity to provide feedback to players during a game and apply game day coaching principles during match play. The coaching task is used as both a learning and review tool.
- The coaching tasks will be delivered in groups of three to players aged 14 years and above. Course participants should not be used as the players.
- The self-assessment Coaching Competencies proforma is completed by the participant based on feedback received by the Coach Developer, coaching peers and players about the skills/competencies that the coach has demonstrated.
- The Coach Developer checks and signs off on the selfassessment proforma so that the coach can use this as a learning tool, preferably with a mentor coach, when back in their own coaching environment.

4.4. Practical Coaching Task Arrangements

- The practical coaching activity will take place as part of the face-to-face Development Coach Workshop.
- This involves working in small coaching groups to teach/coach the Development Course skills and strategies to a small group of players. All equipment will be provided as part of the course. Participants may be required to provide players for the assessment task.

4.5. Review - online component

All participants are required to complete the review questions as indicated in the online Development Coach Course. The review questions are aimed at reconfirming the participant's underpinning knowledge and learnings of both the general and coaching principles covered in each module.

4.6. Review - face to face component

The review is 'built in' to the face-to-face workshop. All participants will complete a self-assessment proforma of coaching competencies using feedback from the Coach Developer, their peers, and the players they coach. The form is checked and signed off by the Coach Developer at the end of the course.



5. COMPETENCY STATEMENTS AND ASSESSMENT -INTERMEDIATE

5.1. Intermediate Coach Accreditation Competency Statements

- Analyse the intermediate skills of Netball
- Identify preferred teaching methods and coaching styles to develop the intermediate skills of Netball
- Demonstrate effective communication strategies
- Identify the coaching points relating to the identified skill and detect the common faults
- Plan, organise, conduct and control a skills session
- Demonstrate an awareness of safety in terms of equipment and players
- Demonstrate the concept of sequential skill progression
- Demonstrate the concepts behind the detection and correction of faults
- Describe when to use a coachable moment
- Provide appropriate and relevant feedback during practical sessions
- Understand the role of the mentor coach and establish practical strategies to enhance individual coaching.

5.2. Assessment

All participants are required to actively participate in workshop and discussion groups, complete worksheets and undertake practical tasks/demonstrations as per the course outline.

5.3. Worksheets

Worksheets provide a documented summary of theoretical knowledge and are aimed at assessing the participant's underpinning knowledge of the general principle units.

An answer guide is available to presenters/assessors. All questions must be answered to the standard outlined in the answer guide to successfully complete this aspect of the course.

- Participants are permitted to access all course materials and may consult with others when completing the worksheets
- Participants may submit the session plan as many times as necessary to meet the requirements of the assessment task.

5.4. Session Plan

- The development of a session plan is aimed at assessing the participant's ability to plan for a coaching session. The session plan is used as both a learning and assessment tool.
- An assessment checklist is available to presenters/ assessors.
- Participants are permitted to access all course materials and may consult with others when completing the session plan
- Participants may submit the session plan as many times as necessary to meet the requirements of the assessment task.

5.5. Practical Coaching Task

- The practical coaching tasks are aimed at assessing the participant's practical coaching ability.
- The coaching task requires a practical demonstration of a netball specific coaching skill to a group of athletes.
- The coaching task is used as both a learning and assessment tool.
- The coaching task should be 30 40 minutes' duration.
- Athletes should be Representative level to be involved. Players must be over 14 years of age.
- Course participants should not be used as the athletes.
- An assessment checklist is provided on which assessors should check the skills/competencies that the coach must demonstrate.
- The participant must be rated as competent on all aspects of the assessment checklist to pass.
- Candidates may re-take the practical assessment as many times as necessary to achieve competency.
- Athlete may be involved in the practical coaching task.

5.6. Assessment Arrangements

- The assessment activity will take place as part of the Intermediate Coaching Course.
- All equipment will be provided as part of the course.
- Participants may be required to provide players for the assessment task.



6. COMPETENCY STATEMENTS AND ASSESSMENT -ADVANCED

- 6.1. Advanced Coach Accreditation Competency Statements
- Teach and develop the advanced skills of Netball
- Analyse athlete performance and provide appropriate technical corrections
- Apply the advanced tactics and strategies of Netball in a competitive situation
- Apply the rules of Netball in skill sessions and game strategy planning
- Analyse match play styles and systems
- Safely program and monitor conditioning training for Netball
- Plan and prepare training sessions that complement the yearly plan
- Assess and monitor the development and well- being of the athlete
- Implement policies associated with risk management within Netball
- Use appropriate communication to meet the needs of the situation
- Adapt coaching practices, program and activities to cater for the individual needs of all players, including players from specific populations.

6.2. Assessment

All participants are required to actively participate in workshop and discussion groups, complete assignments and undertake practical tasks/demonstrations as per the course outline.

6.3. Assignments

The Advanced Coach Accreditation requires participants to complete three written assignments which can be uploaded an assessed using the Netball Learning Platform:

- The Game Analysis Coaching Assignment will assess the participant' ability to analyse and plan to play an opposition team. This assignment should be completed during the session.
- The Cross-Sport Placement Assignment will assess the participant's ability to analyse a coaching session from another sport. Participants have 12 months to submit this assignment.
- The Two Coaching Session Videos, one on attacking skills and one on defending skills, will assess the participant's group management, teaching and communication skills. Participants have 12 months to submit this assignment & is to be uploaded into the Netball Learning Platform for feedback.

6.4. Practical Coaching Task

- The final practical evaluation occurs after the satisfactory completion of the two Coaching Session Videos. The coach should demonstrate competency in the areas of group management, teaching and communication skills.
- The coaching task for the Advanced Coaching Course requires assessment in a team training environment on a 60-minute structured training session. Warm-up is performed but not included in the 60-minute session.
- The location of the assessment will be organised in consultation with the Member Organisation.
- The Member Organisation will appoint two assessors to the panel.
- Players must be 14 years of age or over of Association/Regional/Academy Representative standard. A minimum of ten players is required.
- A Practical Assessment Form is provided on which assessors should check the skills/competencies that the coach must demonstrate. To successfully attain the Advanced Coach Accreditation the participant must be rated as competent on all aspects of the performance criteria outlined in the Assessment Form.

6.5. Assessor Protocol

- Two assessors (Advanced Coach Accreditation) are required for an Advanced Coach Accreditation assessment.
- Both assessors must be independent of the candidate (i.e.: may not be the candidates mentor or coach at the same club)
- Both assessors must agree that the candidate meets all competency for the accreditation to be awarded.
- All key competencies listed on the assessment sheet must be met to be deemed competent.
- The assessment activity will take place after all components of the course have been completed, including the assignments.
- The location of the assessment will be organised in organised by the Member Organisation.
- The Member Organisation will appoint two assessors to the panel.
- Participants may be required to provide players, venue and equipment for the assessment task.



7. COMPETENCY STATEMENTS AND ASSESSMENT - ELITE

7.1. Elite Coach Accreditation Competency Statements

- Instruct and implement the principles, functions and strategies associated with each playing position within the team strategy at an elite level
- Identify and implement the elite tactics and strategies of Netball in a competitive situation
- Analyse and apply match play styles and systems and introduce advanced tactical responses
- Analyse the elite skills of Netball within the rules of the game
- Interpret the rules of Netball in skill sessions and game strategy planning
- Plan, prepare and evaluate an integrated yearly plan for an elite team
- Apply working knowledge of scientific theory and principles of training and its application to Netball at an elite level
- Self-reflect on coaching behaviours and develop an action plan incorporating the optional units
- Design and implement an individual skill session for elite netball players.

7.2. Assessment

All participants are required to actively participate in workshop and discussion groups, complete assignments and undertake practical tasks/demonstrations as per the course outline.

7.3. Assignments

The Elite Coach Accreditation requires participants to complete three written assignments which can be uploaded an assessed using the Netball Learning platform:

- The Match Day Coaching assignment will assess the participant's ability to analyse opposition strategies, plan appropriate tactical and strategic responses and plan for participation in tournaments including player welfare and sport science information.
- The development and review of a Periodised Plan will assess the participant's ability to plan for a coaching season, review the plan and develop improvements in the plan.
- The Recovery Workbook will assist coaches in understanding and implementing recovery methods as part of their coaching.
- Assignments must be completed prior to the practical assessment being conducted. Participants have two years to complete and submit their assignments.

7.4. Practical Coaching Task

- The final practical evaluation occurs after the completion of the mentoring component. The coach should demonstrate competency in the areas of group management, teaching and communication skills. It is recommended coaches have at least one practice assessment prior to their final assessment.
- The coaching task for the Elite Coach Accreditation requires assessment in a competition environment (not practice matches) on one full game under the guidance of the Member Organisation appointed assessment panel.
- The standard of match must be Australian Netball Championship, National Championships or State League. Member Organisations should seek approval from Netball Australia if they wish to assess on any other competition/event.
- A Practical Assessment Form is provided on which assessors should check the skills/competencies that the coach must demonstrate. To successfully attain the Elite Coach Accreditation the participant must be rated as competent on all aspects of the performance criteria outlined in the Assessment Form.

7.5. Assessor Protocol

- Two assessors (High Performance Coach Accreditation) are required for an Elite Coach Accreditation assessment.
- Both assessors must be independent of the candidate (i.e.: may not be the candidates mentor or coach at the same club)
- Both assessors must agree that the candidate is meets all competency for the accreditation to be awarded.
- All key competencies listed on the assessment sheet must be met to be deemed competent.

7.6. Assessment Arrangements

- The assessment activity will take place after all components of the course have been completed, including the assignments.
- The location of the assessment will be organised in consultation with the Member Organisation.
- The Member Organisation will appoint two assessors to the panel.
- Participants must be coaching in a competition environment.
- Any variations to these arrangements must be approved by Netball Australia before the assessment takes place.



8. COMPETENCY STATEMENTS AND ASSESSMENT - HIGH PERFORMANCE

- 8.1. High Performance Coach Accreditation Competency Statements
- Teach advanced Netball skills, recognising and encouraging individual strengths and correcting weaknesses in technique
- Instruct and implement the principles, functions and strategies associated with each playing position within the team strategy
- Analyse match play styles and systems and introduce and advance tactical responses
- Devise training sessions for elite individuals to improve their competence and range of skills
- Apply working knowledge of scientific theory and principles of training, sports science and sports medicine and their application to Netball
- Provide leadership and direction to programs
- Interact effectively with relevant stake holders
- Manage personal development and own health and well being
- Apply working knowledge of a coach's legal responsibilities and their application to Netball.

8.2. Course delivery

- All participants are required to complete three phases of the HPCA program which is delivered by Netball Australia:
- Phase 1 4-day in-house course program
- Phase 2 Mentoring and coaching practise (own coaching environment)
- Phase 3 2-day in house course program

8.3. Assessment

All participants are required to actively participate in workshop and discussion groups, complete assignments and undertake practical tasks/demonstrations as per the course outline.

8.4. Assignments

The High Performance Coach Accreditation requires participants to complete written assignments and workbooks:

- Modules 2 & 3-1 Year Periodised Plan Assignment
- Module 4 Report on analysis of a match using the tools provided within the course
- Module 6 Report on the application of the Relationship Pyramid with your team OR Report on the creation of agreed values and behaviours with your team
- Module 7 Report on elite training session other than netball
- Module 8 Presentation on self-reflection of coach mentoring and learning journey

- Module 9 Report on the use of an umpire at training
- Module 10 Complete Netball Australia's Integrity requirements for High Performance coaching

8.5. Practical Coaching Task

The final practical assessment occurs after the completion of the mentoring component and consists of two parts:

8.5.1. TRAINING SESSION ASSESSMENT

The coach must be rated as competent on all aspects of the performance criteria outlined in the Assessment Form in the specialist areas as advised after the in-house course (Phase 1). The coach will complete this assessment after the minimum number of hours determined by the Assessors after Phase 1 and when their Mentor deems they are ready to be assessed. The assessment will occur in the coach's own training environment and be assessed by two High Performance Assessors, one of which will be the Mentor Coach and the other an Independent Assessor.

8.5.2.MATCH DAY ASSESSMENT

- The coach should demonstrate competency in the areas of game analysis, teaching and communication skills.
- The Match-Day coaching task requires assessment in a competition environment on two full games by a suitably qualified Netball Australia appointed assessment panel.
- The standard of match will be confirmed by Netball Australia.
- A Practical Assessment Form is provided on which assessors should check the skills/competencies that the coach must demonstrate. To successfully attain the High Performance Coaching Accreditation, Certificate the participant must be rated as competent on all aspects of the performance criteria outlined in the Assessment Form.
- Participants may present the practical coaching task as many times as necessary to meet the requirements of the task. Netball Australia will charge an additional fee for those coaches who present for assessment on more than one occasion.



8.6. Assessor Protocol

- Two assessors (High Performance Accreditation) are required for a High-Performance Coach Accreditation assessment.
- The assessors for the training session assessment will consist of the Mentor Coach and an Independent Assessor.
- Both assessors for the two match day assessments must be independent of the candidate (i.e.: may not be the candidate's mentor or coach at the same club)
- Both assessors must agree that the candidate is meets all competency for the accreditation to be awarded.
- All key competencies listed on the assessment sheet must be met to be deemed competent.

8.7. Training Session Assessment Arrangements

- The assessment activity will take place after the allocated mentor hours have been completed.
- The assessment will occur in the coach's own training environment on the specialist area identified after Phase 1 of the in-house course component.

8.8. Match Day Assessment Arrangements

- The assessment activity will take place after all components of the course have been completed, including the assignments.
- The standard of the games and location of the assessments will be organised in consultation with Netball Australia.
- Netball Australia will appoint two assessors to the panel.
- Participants must be coaching in a competition environment.
- Any variations to these arrangements must be approved by Netball Australia before the assessment takes place.



9. APPENDIX 1 - UPDATING CRITERIA

9.1. Foundation Coach Accreditation Update Criteria

Netball Australia Coach Accreditation is valid for four (4) years. The period starts when a Netball Australia accreditation is issued. Points to be completed: 20

Updating Requirements Event Points 10 points Practical Coaching (mandatory requirement) 1 point = 1 hour Complete the Rules of Netball Theory Exam - 70% or higher 5 points (mandatory requirement) Netball Australia Safeguarding Children and Young People (mandatory Mandatory requirement requirement) Attend Member Organisation Approved coaching workshop 5 points Attend Member Organisation Approved coaching conference 10 points Complete a Netball Australia online education course (non-accredited) 5 points per course Complete Netball Australia Online Foundation Coach Course 5 points

9.2. Development Coach Accreditation Update Criteria

Netball Australia Coach Accreditation is valid for four (4) years. The period starts when a Netball Australia accreditation is issued.

| Updating Requirements | | |
|---|-------------------------------|--|
| Event | Points | |
| Practical Coaching (mandatory requirement) | 20 points 1 point = 1 hour | |
| Complete the Rules of Netball Theory Exam - 70% or higher (mandatory requirement) | 5 points | |
| Netball Australia Safeguarding Children and Young People (mandatory requirement) | Mandatory requirement | |
| Attend Member Organisation Approved coaching workshop | 5 points | |
| Attend Member Organisation Approved coaching conference | 10 points | |
| Complete a Netball Australia online education course (non-accredited) | 5 points per course | |
| Complete Netball Australia Online Development Coach Course | 10 points | |



9.3. Intermediate Coach Accreditation Update Criteria

Netball Australia Coach Accreditation is valid for four (4) years. The period starts when a Netball Australia accreditation is issued.

Points to be completed: 60

| Updating Requirements | | |
|--|-------------------------------|--|
| Event | Points | |
| Practical Coaching (mandatory requirement) | 40 points 1 point = 1 hour | |
| Complete the Rules of Netball Theory Exam - 70% or higher (mandatory requirement) | 5 points | |
| Netball Australia Safeguarding Children and Young People (mandatory requirement) | Mandatory requirement | |
| Attend Member Organisation Approved coaching workshop | 5 points | |
| Attend Member Organisation Approved coaching conference | 10 points | |
| Complete a Netball Australia online education course (non-accredited) | 5 points per course | |
| Facilitate an approved NA/MO Course/Workshop | 10 points (per 4 year cycle) | |

9.4. Advanced Coach Accreditation Update Criteria

Netball Australia Coach Accreditation is valid for four (4) years. The period starts when a Netball Australia certificate of accreditation is issued.

| Updating Requirements | | |
|---|-------------------------------|--|
| Event | Points | |
| Practical Coaching (mandatory requirement) | 50 points 1 point = 1 hour | |
| Complete the Rules of Netball Theory Exam - 70% or higher (mandatory requirement) | 5 points | |
| Netball Australia Safeguarding Children and Young People (mandatory requirement) | Mandatory requirement | |
| Attend Member Organisation Approved coaching workshop | 5 points | |
| Attend Member Organisation Approved coaching conference | 10 points | |
| Complete a Netball Australia online education course (non-accredited) | 5 points per course | |
| Mentor Coaching | 10 points 1 point = 1 hour | |
| Facilitate an approved NA/MO Course/Workshop | 10 points (per 4 year cycle) | |



9.5. Elite Coach Accreditation Update Criteria

Netball Australia Coach Accreditation is valid for four (4) years. The period starts when a Netball Australia accreditation is issued.

| Updating Requirements | | |
|--|------------------------------|--|
| Event | Points | |
| Practical Coaching | | |
| ANC | | |
| State/Territory Underage Team | 70 points | |
| State League | 1 point = 1 hour | |
| SIS/SAS program | | |
| A grade domestic competition | | |
| Complete the Rules of Netball Theory Exam - 70% or higher | 5 points | |
| (mandatory requirement) | | |
| Netball Australia Safeguarding Children and Young People (mandatory requirement) | Mandatory requirement | |
| Complete Bachelor of Sports Coaching | 50 points | |
| Mentor Coaching | 20 points | |
| | 1 point = 1 hour | |
| Attend Member Organisation Approved coaching workshop | 5 points | |
| Attend Member Organisation Approved coaching conference | 10 points | |
| Complete a Netball Australia online education course (non-accredited) | 5 points per course | |
| Facilitate an approved NA/MO Course/Workshop | 10 points (per 4 year cycle) | |
| Attain Netball Australia High Performance Coach Accreditation | Meets total requirements | |



9.6. High Performance Coach Accreditation Update Criteria

Netball Australia Coach Accreditation is valid for four (4) years. The period starts when a Netball Australia certificate of accreditation is issued.

| Updating Requirements | |
|--|------------------------------|
| Event | Points |
| Practical Coaching | |
| National (17/under, 19/under and 21/Under) | |
| SIS/SAS (including AIS) | |
| SSN | 90 points |
| SN Reserves | 1 point = 1 hour |
| ANC | |
| State/Territory Underage Team | |
| Top Division State League | |
| Complete the Rules of Netball Theory Exam - 70% or higher | 5 points |
| (mandatory requirement) | |
| Netball Australia Safeguarding Children and Young People (mandatory requirement) | Mandatory requirement |
| Complete Bachelor of Sports Coaching | 50 points |
| Attend Member Organisation Approved coaching workshop | 5 points |
| Attend Member Organisation Approved coaching conference | 10 points |
| Complete a Netball Australia online education course (non-accredited) | 5 points per course |
| Mantar Cosching | 30 points |
| Mentor Coaching | 1 point = 1 hour |
| Attend Netball Australia High Performance Conference | 30 points |
| Facilitate an approved NA/MO Course/Workshop | 10 points (per 4 year cycle) |



10. APPENDIX 2 - PRACTICAL ASSESSMENT FORMS

10.1. Development Coach Accreditation Practical Self-Assessment Form

| netball COACHING | | DEVELOPMENT COACH PRACTICAL SELF ASSE | |
|--|---|--|---|
| DEVELOPMENT | СОАСН | Performance Criteria | Competent Comments YES NO |
| ACCREDITATION ASSESSMENT F | N PRACTICAL | Progressively add challenges in a sequential I-5 manner or alternately remove challenges to add the activity to cater for individual abilities | |
| ETBALL AUSTRALIA | | COMMUNICATION | |
| e following competencies can be shown through | a combination of practical demonstration and theor | Check the players' understanding of the instructions and give them the opportunity to a questions | |
| NEE Program exercises and a skill to a group of pl | A practical demonstration of coaching skills is requir layers. The coaching task will consist of coaching ac . Players aged 14 years and over must be utilised an thietes. | tivities over | 00 |
| Name: | Skill presented: | | |
| Performance Criteria | Competent Comments | Be able to engage the player using verbal and non-verbal techniques (for example; use of voic and expression, eye contact, active listening | |
| Performance Criteria | YES NO | techniques) | |
| ROUP MANAGEMENT | | GAME DAY COACHING | |
| mplement good practices to reduce risk and rovide a safe coaching environment | 00 | Creates and evaluates simple Game Day team goals and strategies | 00 |
| sure group organisation maximises player rticipation and enjoyment | 00 | Recognises the techniques of basic netball skill in relevant court situations | 00 |
| TEACHING | | REVIEW | |
| identify the most salient coaching points | | Seek feedback from players and others and use | self-reflection techniques to evaluate: |
| appropriate to the skill presented | | Your strengths in two areas of coaching compe 1. | |
| rovide a demonstration to highlight the main oaching points of the skill | 00 | 2. Your areas of improvement in two areas of coa | ching competence at present: |
| rovide adequate time for practice, and observe | | 1. | |
| thletes' performance | | | |
| apply the coaching points identified to improve | | Name a possible mentor who could assist you Training or Game Day coaching video for self | |
| player's skill performance | | the state of the s | |

10.2. Intermediate Coach Accreditation Practical Assessment Form

| NTERMEDIATE | СОАСН | | Performance Criteria | Competent | Comments |
|--|--|--------------------------------|---|-----------------|--|
| | | | SKILL PROGRESSION AND FAULT DETECTION AT | YES NO | N CONTRACTOR OF CONTRACTOR OFO |
| ACCREDITATION ASSESSMENT FO | | AL | Progressively add challenges in a sequential 1-7 manner or alternately remove challenges to adapt the activity to cater for individual abilities. | | |
| NETBALL AUSTRALIA he following competencies can be shown through s part of the theory activities throughout the cours eaching a skill to a group of athletes. The coaching thiete may be involved, and course participants sho | e. A practical demonstration of co task should be of least 30-40 mi | paching skills is required, by | Detect and correct errors in individual technique and group drills and skills. | | |
| Name: | Skill presented: | | Provide a variety of feedback styles: using visual, tactile and verbal feedback. | | |
| Performance Criteria | Competent | Comments | LUGLER BIRL PERSON REPORTED. | | |
| Demonstrate awareness of safety in terms of equipment, use of space and player movement. | YES NO | | Feedback is correct and specific to players" performance (positive and corrective). | | |
| Maximise the use of players and equipment. | | | Recognise the 'coachable moment' and use it appropriately when the skill is correctly or incorrectly performed. | | |
| COACHING BEHAVIOURS | | | REVIEW | | |
| Purpose of the activity is stated and put into the context of the game. | | | Seek feedback from players and others and use self-reflection techniques to evaluate the practical coaching session. | | |
| Question the players/group to elicit their understanding of the required task. | | | Assessment Decision: Competent Req | uires continued | development |
| Use cue words. | | | Assesor Comments: | | |
| Demonstrations are technically correct and can be seen clearly by all players. | | | | | |
| Position to enable interaction with individuals and small groups. | | | Assessor: | | Date: |



10.3. Advanced Coach Accreditation Practical Assessment Form

| netball COACHING | | | ADVANCED COACH ACCREDI PRACTICAL ASSESSMENT FO |
|---|--|--|---|
| ADVANCED CO | АСН | | Performance Criteria Compe |
| ACCREDITATION | N PRA | CTICAL | Appropriate to skill level of the group and variations within a group. |
| IETBALL AUSTRALIA 60-minute practical demonstration of coaching s vivronment. To successfully attain the Advanced C aspects of the performance criteria. | kills (excluding the Coach Accreditatio | e warm-up) is required within a training in the participant must be rated as competent on | Effective time management with and between drils. |
| Name: | Session | Topic: | Standard of working intensity is set and maintained |
| Performance Criteria | Competent | Comments | |
| | YES NO | | SKILL PROGRESSION AND FAULT DETECTION AND CORRE |
| Demonstrate awareness of safety in terms of quipment, use of space and player movement. | | | Progressively add challenges in a sequential 1-7 manner or aitornately remove challenges to adapt the activity to cater for individual abilities. |
| faximise the use of players and equipment. | | | Detect and correct errors in individual technique and group drills and skills. |
| COACHING BEHAVIOURS | I | | Provide a variety of feedback styles: using visual, |
| Purpose of the activity is stated and put into the context of the game. | | | tactile and verbal feedback. |
| | | | Feedback is correct and specific to players' |
| Question the players/group to elicit their understanding of the required task. | | | performance (positive and corrective). |
| Jse cue words. | | | Recognise the 'coachable moment' and use it appropriately when the skill is correctly or incorrectly performed. |
| | | | REVIEW |
| | | | Seek feedback from players and others and use |
| Demonstrations are technically correct and can be seen clearly by all players. | | | selecteduals from pages and others and use self-perfection techniques to evaluate the practical coaching session. |
| Position to enable interaction with individuals and small groups. | | | |

| | Competent | |
|---|---------------|---|
| | YES NO | |
| ppropriate to skill level of the group and riations within a group. | | |
| ffective time management with and between rills. | | |
| tandard of working intensity is set and aintained | | |
| KILL PROGRESSION AND FAULT DETECTION A | ND CORRECTION | N |
| Progressively add challenges in a sequential 1-7 manner or alternately remove challenges to adapt the activity to cater for individual abilities. | | |
| Detect and correct errors in individual technique and group drills and skills. | | |
| Provide a variety of feedback styles: using visual, actile and verbal feedback. | | |
| Feedback is correct and specific to players' performance (positive and corrective). | | |
| Recognise the 'coachable moment' and use t appropriately when the skill is correctly or ncorrectly performed. | | |
| REVIEW | 1 | 1 |
| Seek feedback from players and others and use self-reflection techniques to evaluate the practical coaching session. | | |
| | | 1 |

ADVANCED COACH ACCREDITATION PRACTICAL ASSESSMENT FORM



ment Decision: Competent Requires continued development

| ASSESSOR NAME | SIGNATURE | DATE |
|---------------|-----------|------|
| | | |
| | | |



10.4. ELITE COACH ACCREDITATION PRACTICAL ASSESSMENT FORM

| | <form></form> | ACCREDITATION ASSESSMENT F | | L | Able to adapt coaching to the appropriate level if the players are having difficulty with implementation and execution of the required task. | 00 | |
|---|---|---|-------------|--|---|-----------------------------------|-------------------------------|
| <form></form> | <form></form> | practical demonstration of coaching skills within a | | | REVIEW Seek feedback from players and others and us self-reflection techniques to evaluate the practi coaching session. | ie OO | |
| <form></form> | <form></form> | | | omments | | | |
| Feedback specific and specific an | Feedback specific and specific an | COMMUNICATION Game plan/tactics are stated to the group and reinforced during breaks. | | | Additional Comments – before, during breaks an provided and coaching style Pre-match address | d after the game in relation to a | nalysis of the game, feedback |
| Feedback specific and specific an | Feedback specific and specific an | Question the players/group to elicit their | | | | | |
| Cell Index and set states Able bandyse that states and states if Able bandyse that states (states of cleanter) Able bandyse that states (states of cleanter) Able bandyse that states (states of cleanter) Able bandyse that states (states of the cleanter | Cell Index and set states Able bandyse that states and states if Able bandyse that states (states of cleanter) Able bandyse that states (states of cleanter) Able bandyse that states (states of cleanter) Able bandyse that states (states of the cleanter | | | | Quarter time | | |
| Alle to anyly the thatform of denvity Alle to implement effective defrectory centre O of yold should be thatform of point on the thatform of the that | Alle to anyly the thatform of denvity Alle to implement effective defrectory centre O of yold should be thatform of point on the thatform of the that | | 00 | | Half time | | |
| All to be advanced to charter of metric definition of the charter of metric definition of the charter of metric definition of the charter of | All to be advanced to charter of metric definition of the charter of metric definition of the charter of metric definition of the charter of | GAME ANALYSIS Able to analyse the situation and identify individual faults. | 00 | | | | |
| All to analyze the tatical stateges of the operation and all tens generation and all tens g | All to analyze the tatical stateges of the operation and all tens generation and all tens g | Able to implement effective defence / centre court / goal shooting tactics. | 00 | | Three quarter time | | |
| Ale to analyze the tatical databases of the operation and alters plan accordingly. | Ale to analyze the tatical databases of the operation and alters plan accordingly. | Able to design and implement effective team | | | Post-match address | | |
| | | | | | | | |
| ELITE COACH ACCREDITATION PRACTICAL ASSESSMENT FORM Assessment Decision: Completent Assessor Comments: | ELITE COACH ACCREDITATION PRACTICAL ASSESSMENT FORM Assessment Decision: Completent Assessor Comments: | opposition and alters plan accordingly. | 00 | | | | |
| | | | | | | | www.netb |
| | | | PRACTICAL A | H ACCREDITATI ASSESSMENT I Competent () Requires | Continued development | | www.acth |
| | | | PRACTICAL A | H ACCREDITATI ASSESSMENT I Competent () Requires | Continued development | | see .eth |
| | | | PRACTICAL A | H ACCREDITATI ASSESSMENT I Competent () Requires | Continued development | | www.acti |



www.netball.com.au



10.5. HIGH PERFORMANCE COACH ACCREDITATION PRACTICAL ASSESSMENT FORM

A practical demonstration of coaching skills within a competition environment.

| Name: | Skill presented: |
|-------|------------------|
| | |
| | |

| Performance Criteria | Competent YES / NO | Comments |
|---|-----------------------|----------|
| COMMUNICATION | | |
| Game plan/tactics are stated to the group and reinforced during breaks. | | |
| Question the players/group to elicit their understanding of the required task | | |
| Feedback is specific and appropriate and is given to all players as individuals and as a group. | | |
| GAME ANALYSIS | | |
| Able to analyse the situation and identify individual faults. | | |
| Able to implement effective defence / centre court / goal shooting tactics. | | |
| Able to design and implement effective team strategies. | | |
| Able to analyse the tactics/strategies of the opposition and alters plan accordingly. | | |
| Able to adapt coaching to the appropriate level if the players are having difficulty with implementation and execution of the required task. | | |
| Able to clearly articulate the rationale behind any interventions | | |
| REVIEW | | |
| Seek feedback from players and others and use self-reflection techniques to evaluate the practical coaching session. | | |

Additional Comments – before, during breaks and after the game in relation to analysis of the game, feedback provided and coaching style

Pre-match address

Quarter time

Half time

Three quarter time

Post-match address



Assessment Decision: Assessor Comments: Competent

nt Requires continued development

| ASSESSOR NAME | SIGNATURE | DATE |
|---------------|-----------|------|
| | | |
| | | |



11. APPENDIX 3 - PARTICIPANT EVALUATION FORMS

11.1. DEVELOPMENT COACH COURSE PARTICIPANT EVALUATION FORM

Course Date: Association/Club: Coach Developer/s:

Please rate the content and delivery of both the Online and Face to Face components of the Development Coach Accreditation by using the various rating scales below. (Please tick the appropriate box)

CONTENT - DEVELOPMENT ONLINE COACH COURSE

| Resource | Very useful | Useful | Not Useful |
|---|----------------|--------|------------|
| Module content relevance for Development level coach | | | |
| Provision of the skills and knowledge you needed for the workshop | | | |
| Length of the online course | | | |
| Use of Development skill videos and key coaching points to enhance the learning experience | | | |
| Use of Development skill videos to demonstrate common errors | | | |
| Coach in action videos of different coaches using the 5 steps of skill progression | | | |
| Game Sense videos to demonstrate effectiveness of learning skills and tactics through modified games and activities | | | |
| Interviews with coaches to highlight the importance of incorporating effective coaching behaviours and teaching practices | | | |
| Use of the Coaches Journal to record learnings and applications | | | |
| Downloadable sample training plans and coaching forms | | | |
| Assessment questions to check your knowledge of the material | | | |

General Comments:

CONTENT - DEVELOPMENT FACE TO FACE COACH WORKSHOP

| Unit | Very useful | Useful | Not Useful |
|--|----------------|--------|------------|
| 1. The Development Coach in Action | | | |
| Coaching communication strategies | | | |
| Peer planning of the 5 steps of skill progression | | | |
| Coaching Competencies Self Reflection Proforma | | | |
| 2. Movement and Safety - NA KNEE Program | | | |
| KNEE Program Junior & Recreational sample programs | | | |
| KNEE Program videos and resources | | | |
| Peer coaching of the KNEE Program exercises | | | |



| 3. Teaching Development Skills - Attacking | | |
|---|--|---|
| Group coaching steps 1-5 of an attacking skill | | |
| Feedback received from Coach Developer | | |
| Feedback received from peers and players | | |
| Coach Developer modelling of an attacking Game Sense activity | | |
| 4. Teaching Development Skills - Defending | | ÷ |
| Group coaching steps 1-5 of a defending skill | | |
| Feedback received from Coach Developer | | |
| Feedback received from peers and players | | |
| Coach Developer modelling of a defending Game Sense activity | | |
| 5. Basic Game Strategies | | • |
| Game day coaching - basic game strategies and feedback to players | | |
| Game day coaching DVD - pre-match, half time & post-match address | | |
| Basic game day strategies - centre court, full court and throw ins | | |
| Conclusion | | |
| Opportunity to practise Development coaching skills with players | | |
| Completion of self-assessment form | | |
| Self-reflection process - coaching diary, mentoring & video self- analysis | | |
| Coach education pathways and the updating process | | |

General Comments:

RESOURCES

| Resource | Very useful | Useful | Not Useful |
|---|----------------|--------|------------|
| Development Face to Face Course - Coach Developer Kit (for Coach Developers only) | | | |
| Development Face to Face Course - Participant Workbook | | | |
| Development Coaching Manual | | | |
| KNEE Program Junior & Recreational sample programs | | | |
| Other (please specify) | | | |

General Comments:



COACH DEVELOPER

| Coach Developer Skills | Above Average | Average | Below Average |
|---|------------------|---------|------------------|
| Well prepared and organised for the course | | | |
| Engaged my interest and considered my individual needs | | | |
| Facilitated group discussion and used questionings techniques | | | |
| Managed practical activities to allow for maximum participation and ensured safety | | | |
| Provided clear demonstrations and explanation of practical activities | | | |
| Used a range of presentation methods to deliver content in a way I found meaningful | | | |
| Provided specific feedback regarding my coaching techniques and assessment tasks | | | |
| The Coach Developer informed me of ways to further enhance my coaching | | | |

GENERAL FEEDBACK - IN RELATION TO THE ONLINE AND FACE TO FACE LEARNING EXPERIENCE



11.2. INTERMEDIATE COACH COURSE PARTICIPANT EVALUATION FORM

Course Date:

Association/Club:

CONTENT

Please rate each module of the Netball Australia Intermediate Coaching Course using the table below (tick appropriate box).

| Unit | Very useful | Useful | Not Useful |
|---|----------------|--------|------------|
| Unit 1: Coaching Behaviours | | | |
| Units 2: Planning & Reviewing a Training Session | | | |
| Units 3: Skill Progression and Fault Detection & Correction | | | |
| Unit 4: Mentor Coach | | | |

RESOURCES

Please rate the resources provided as part of the Netball Australia Intermediate Coaching Course using the table below (tick appropriate box).

| Resource | Very useful | Useful | Not Useful |
|---|----------------|--------|------------|
| Intermediate Coaching Course Participant Workbook | | | |

COACH DEVELOPER

Please rate the Coach Developer's delivery of the Netball Australia Intermediate Coaching Course using the table below (tick appropriate box).

| Coach Developer Skills | Above Average | Average | Below Average |
|--|------------------|---------|------------------|
| Well prepared and organised for the course | | | |
| Engaged the participants interest and took into account individual needs | | | |
| Facilitated group discussion and use questioning techniques | | | |
| Manage practical activities to allow for maximum participation and ensure safety | | | |
| Provided clear demonstrations and explanation of practical activities | | | |
| Used a range of presentation methods to deliver training | | | |
| Provided specific feedback regarding coaching techniques and assessment task | | | |

GENERAL FEEDBACK



11.3. ADVANCED COACH COURSE PARTICIPANT EVALUATION FORM

Course Date:

Association/Club:

CONTENT

Please rate each module of the Netball Australia Advanced Coaching Course using the table below (tick appropriate box).

| Unit | Very useful | Useful | Not Useful |
|---|----------------|--------|------------|
| Unit 1: Advanced Skills of Netball | | | |
| Unit 2: Game Analysis and Strategies | | | |
| Unit 3: Physiology of Netball | | | |
| Unit 4: Player Welfare | | | |
| Unit 5: Communication Skills | | | |
| Unit 6: Psychology | | | |
| Unit 7: Coaching Practice | | | |
| Unit 8: Talent Identification and Selection | | | |

RESOURCES

Please rate the resources provided as part of the Netball Australia Advanced Coaching Course using the table below (tick appropriate box).

| Resource | Very useful | Useful | Not Useful |
|---|----------------|--------|------------|
| Advanced Coaching Course Participant Workbook | | | |
| Advanced Coaching Course Manual | | | |

COACH DEVELOPER

Please rate the Coach Developer's delivery of the Netball Australia Advanced Coaching Course using the table below (tick appropriate box).

| Coach Developer Skills | Above Average | Average | Below Average |
|--|------------------|---------|------------------|
| Well prepared and organised for the course | | | |
| Engaged the participants interest and took into account individual needs | | | |
| Facilitated group discussion and use questioning techniques | | | |
| Manage practical activities to allow for maximum participation and ensure safety | | | |
| Provided clear demonstrations and explanation of practical activities | | | |
| Used a range of presentation methods to deliver training | | | |
| Provided specific feedback regarding coaching techniques and assessment task | | | |

GENERAL FEEDBACK



11.4. ELITE COACH COURSE PARTICIPANT EVALUATION FORM

Course Date: Association/Club:

CONTENT

Please rate each module of the Netball Australia Elite Coaching Course using the table below (tick appropriate box).

| Unit | Very useful | Useful | Not Useful |
|-----------------------------------|----------------|--------|------------|
| Unit 1: Elite Coaching Strategies | | | |

RESOURCES

Please rate the resources provided as part of the Netball Australia Elite Coaching Course using the table below (tick appropriate box).

| Resource | Very useful | Useful | Not Useful |
|--|----------------|--------|------------|
| Elite Coaching Course Participant Workbook | | | |

COACH DEVELOPER

Please rate the Coach Developer's delivery of the Netball Australia Elite Coaching Course using the table below (tick appropriate box).

| Coach Developer Skills | Above Average | Average | Below Average |
|--|------------------|---------|------------------|
| Well prepared and organised for the course | | | |
| Engaged the participants interest and took into account individual needs | | | |
| Facilitated group discussion and use questioning techniques | | | |
| Manage practical activities to allow for maximum participation and ensure safety | | | |
| Provided clear demonstrations and explanation of practical activities | | | |
| Used a range of presentation methods to deliver training | | | |
| Provided specific feedback regarding coaching techniques and assessment task | | | |

GENERAL FEEDBACK