

Beach Netball

To be read in conjunction with the NetFest Rules of Competition.

Players:

- A team has 4 players on the court at any one time.
- A match can start with a minimum of 3 players, if all players are not available at the match start time.
- Players may move in any area of the court providing no more than 2 players from each team are in the goal zone at any one time.

Substitutions:

- One substitution is allowed for each team immediately after a goal is scored.
- Substitutions shall enter the court from a marked area beside the scorer.
- The match will not stop when substitutions occur.
- There is no limit to the number of substitutions per match.

Match length:

- Matches consist of two 6-minute halves with a 2-minute half time break.

Starting & Restarting Play:

- First centre pass will be determined by "rock paper scissors".
- Play continues from the determination of centre pass (umpire whistle does not start match).
- For the rest of the game, the team which does not score takes the next centre pass.

Scoring:

- All players can shoot for goal.
- Goals can be shot in the "goal zone" for 1 point.
- Goals shot from the "3 pointer zone" (area between the closest transverse line and the outside of the goal zone) are 3 points.
- The umpire will indicate a 1-point goal with one hand raised; a 3-point goal with two hands raised.

Dropped Ball & Diving:

- A player may dive on the sand to catch a ball on the full or claim possession of a ball on the sand (from either team) and then play the ball from the ground or stand up and play the ball. Stepping will not be called in this instance.
- Players catching the ball face down on the ground will be allowed to roll onto their backs to pass the ball.
- The three second rule applies to both instances.

Stepping:

- Standard netball rules apply with exception of Dropped Ball & Diving as above.

Turnovers

- When possession of the ball is turned over the team in possession shall play the ball back over the transverse line.
- A team member must catch or land with the ball with both feet on the ground past the transverse line before continuing to play the ball back towards the goal.
- There will be no stop in play; the team having completed the crossing of the transverse line may immediately continue playing the ball.
- If a defending player tips or deflects the ball it is not a turnover unless the other team gets possession.

Out of court

- Standard out of court rules apply.
- The ball must be thrown in from behind the line where it went out of court including behind the transverse line at far end of court.

Court dimensions

- The court size is 12m x 15m (12m Goal third, 3m Centre third) with regulation goal post height of 3.05 metres.

