

ELITE COACH ACCREDITATION PRACTICAL SELF ASSESSMENT FORM

NETBALL AUSTRALIA

A practical demonstration of coaching skills within a competition environment.

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|--------------|-------------------------|
| Name: | Skill presented: |
|--------------|-------------------------|

| Performance Criteria | Competent | | Comments |
|---|-----------|----|----------|
| | YES | NO | |
| COMMUNICATION | | | |
| Game plan/tactics are stated to the group and reinforced during breaks. | | | |
| Question the players/group to elicit their understanding of the required task | | | |
| Feedback is specific and appropriate and is given to all players as individuals and as a group. | | | |
| GAME ANALYSIS | | | |
| Able to analyse the situation and identify individual faults. | | | |
| Able to implement effective defence / centre court / goal shooting tactics. | | | |
| Able to design and implement effective team strategies. | | | |
| Able to analyse the tactics/strategies of the opposition and alters plan accordingly. | | | |

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|--|-----------|----|----------|
| | YES | NO | |
| Able to adapt coaching to the appropriate level if the players are having difficulty with implementation and execution of the required task. | | | |
| REVIEW | | | |
| Seek feedback from players and others and use self-reflection techniques to evaluate the practical coaching session. | | | |

Additional Comments – before, during breaks and after the game in relation to analysis of the game, feedback provided and coaching style

Pre-match address

Quarter time

Half time

Three quarter time

Post-match address



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Assessment Decision: **Competent** **Requires continued development**

Assessor Comments:

| ASSESSOR NAME | SIGNATURE | DATE |
|---------------|-----------|------|
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